

Pre-K/Kindergarten League Rules

The OSA Pre-K/Kindergarten League will run on Saturdays for 8 weeks. The first two weeks are OSA Staffed Clinics (based on the session time you registered for), and the last six weeks are games, which will be played at 10am, 11am, 12pm and 1pm at Union Bank & Trust Sports Complex.

- 1) Teams will consist of 7-10 players. Players will use size 27.5 balls, and rims will be set at 8 feet.
- 2) Games will be played 4 on 4. This is a great way to play at this age as it allows for better spacing, more touches, shots, etc!
- 3) Games will consist of **five** eight minute periods. Substitutions will only be allowed only at the four minute mark of each period, unless there is an injury. **Players should be rotated in equally.**
- 4) The clock will run continuously during play time and will stop every 4 minutes for substitutions. The score of these games will not be kept.
- 5) Players are NOT allowed to steal the ball while another player is holding or dribbling the basketball. They ARE allowed to steal a pass. When a player double dribbles or travels with the basketball our OSA referee will get to eye contact with that player and correct him/her on what they are doing incorrectly. We will proceed to inbound the basketball for that same team without a loss of possession.
- 6) Teams must play man to man defense and may pick up at half court.
- 7) The coach and an OSA staff person will be on the court for each team, as well as a referee. Players on offense may either shoot the ball or pass to an adult on the court. This allows for equal distribution of the ball at all times.
- 8) The head coach will be on the court for purposes of instruction. The assistant coach should remain on the bench, talking players through the course of the game and assisting with substitutions.

Notes:

- On Saturdays and Sundays, doors will open 30 minutes prior to the start of the first game. For games that take place during the week, be advised that we have practices or events going right up until your scheduled first game. We will allow for an adequate warm up period.

- \$3 admission charged to adults (18+) for all league games. There is no admission fee for 17 and under.

- In the event of inclement weather, check the homepage two hours prior to your game time for the status of your game.

- We provide basketballs for warm up and games - no outside basketballs allowed.